



## Pilates Classes Online & in Hersham

New Year Term 2022					
Day	Class	Time	Venue	Price	Term Dates
<b>Monday</b>	<b>Mixed Ability Pilates</b> Levels 1,2 & 3	<b>9.30am</b>	Online with Megan	5-week course £45	10 Jan- 7 Feb
	<b>Mixed Ability Pilates</b> Levels 1,2 & 3	<b>7.30pm</b>	Online with Susie	5-week course £45	10 Jan- 7 Feb
<b>Tuesday</b>	<b>Mixed Ability Pilates</b> Levels 1,2 & 3	<b>8pm</b>	Online with Jo	5-week course £45	11 Jan-8 Feb
<b>Wednesday</b>	<b>Mixed Ability Pilates</b> Levels 1,2 & 3	<b>10am</b>	Online with Jo	6-week course £54	5 Jan-9 Feb
	<b>Mixed Ability Pilates</b> Levels 1,2 & 3	<b>7.30pm</b>	Online with Susie	6-week course £54	5 Jan-9 Feb
<b>Thursday</b>	<b>Mixed Ability Pilates</b> Levels 1,2 & 3	<b>9.30am</b>	All Saints Catholic Church, Hersham with Susie	6-week course £63	6 Jan-10 Feb
	<b>Mixed Ability Pilates</b> Levels 1,2 & 3	<b>8pm</b>	All Saints Catholic Church, Hersham with Megan	6-week course £63	6 Jan-10 Feb
<b>Friday</b>	<b>Mixed Ability Pilates</b> Levels 1,2 & 3	<b>9.30am</b>	St Peter's Church Hall, Hersham with Virginie	6-week course £63	7 Jan-11 Feb
	<b>Gentle Pilates</b> Levels 1 & 2	<b>10.30am</b>	St Peter's Church Hall, Hersham with Virginie	6-week course £63	7 Jan-11 Feb

All sessions last 55 minutes

Tel: 07957 571 513

[Info@betterbodypilates.co.uk](mailto:Info@betterbodypilates.co.uk)

[www.betterbodytraining.com](http://www.betterbodytraining.com)

