



Pilates Classes Online & in Hersham

Summer Term 2022					
Day	Class	Time	Venue	Price	Term Dates
Monday	Mixed Ability Pilates Levels 1,2 & 3	9.30am	Online with Megan	7-week course £63	6 June-18 July
	Mixed Ability Pilates Levels 1,2 & 3	7.30pm	Online with Susie	7-week course £63	6 June-18 July
Tuesday	Mixed Ability Pilates Levels 1,2 & 3	8pm	Online with Jo	7-week course £63	7 June-19 July
Wednesday	Mixed Ability Pilates Levels 1,2 & 3	10am	Online with Jo	7-week course £63	8 June-20 July
	Mixed Ability Pilates Levels 1,2 & 3	7.30pm	Online with Susie	7-week course £63	8 June-20 July
Thursday	Mixed Ability Pilates Levels 1,2 & 3	9.30am	All Saints Catholic Church, Hersham with Susie	7-week course £73.50	9 June-21 July
	Gentle Foundations Pilates Levels 1 & 2	10.30am	All Saints Catholic Church, Hersham with Susie	7-week course £73.50	9 June-21 July
	Gentle Foundations Pilates Levels 1 & 2	7pm	All Saints Catholic Church, Hersham with Megan	7-week course £73.50	9 June-21 July
	Mixed Ability Pilates Levels 1,2 & 3	8pm	All Saints Catholic Church, Hersham with Megan	7-week course £73.50	9 June-21 July
Friday	Mixed Ability Pilates Levels 1,2 & 3	9.30am	St Peter's Church Hall, Hersham with Virginie	7-week course £73.50	10 June-22 July
	Groovelates Levels 1,2 & 3	9.30am	Online with Jo	7-week course £63	10 June-22 July
	Gentle Foundations Pilates Levels 1 & 2	10.30am	St Peter's Church Hall, Hersham with Virginie	7-week course £73.50	10 June-22 July

All sessions last 55 minutes

Tel: 07957 571 513

Info@betterbodypilates.co.uk

www.betterbodytraining.com

